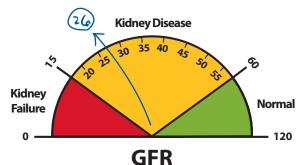


How well are your kidneys working?

Explaining Your Kidney Test Results

Your GFR result on $\frac{2/4}{l^2}$ was $\frac{26}{l}$.

- ☐ A GFR of 60 or higher is in the normal range.
- A GFR below 60 may mean kidney disease.
- ☐ A GFR of 15 or lower may mean kidney failure.



What is GFR?

GFR stands for glomerular filtration rate. GFR is a measure of how well your kidneys filter blood.

Your urine albumin result on $\frac{2}{4}$ was $\frac{12.7}{2}$.

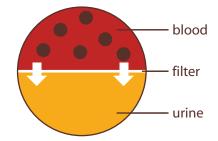
- A urine albumin result below 30 is normal.
- ☐ A urine albumin result *above 30* may mean kidney disease.

What is urine albumin?

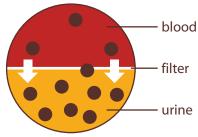
Albumin is a protein found in the blood. A healthy kidney does not let albumin pass into the urine. A damaged kidney lets some albumin pass into the urine. The less albumin in your urine, the better.

albumin

Inside a *healthy* kidney



Inside a damaged kidney



Your blood pressure result on ____

Feb 2012 was 130/80 . EXCELLENT!

Controlling your blood pressure may help to protect your kidneys.