

# The Precision Medicine Initiative® -- A Potential Resource for Research in Minority Health

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**November 7, 2016**

# Outline

- An Overview of the Health of Minority Populations in the US
- Persistent Gaps in Knowledge and Challenges in Minority Health and Health Disparities Research
- The Need for a Paradigm Shift
- What is Precision Medicine?
- The Precision Medicine Initiative and the All of Us Research Program
- Opportunities, Promises and Challenges for Minority Health Research



# Minority Health and Health Disparities

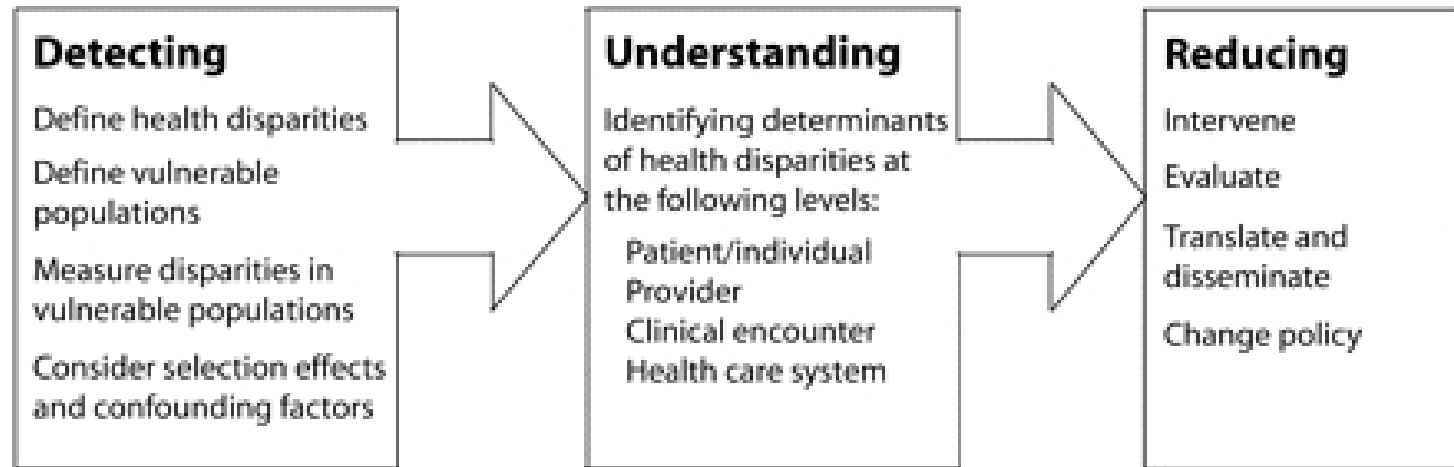
- Despite improvements in the overall health of the US population, some racial/ethnic minority groups experience disproportionately higher burden of disease, adverse outcomes and premature death, and are referred to as health disparity populations.
- P.L. 106-525 defines a population as a health disparity population if “...**there is a significant disparity in the overall rate of disease incidence, prevalence, morbidity, mortality, or survival rates in the population as compared to the health status of the general population.**”
- Racial/ ethnic minorities (African Americans, American Indians and Alaska Natives, Asians, Hispanics, and Native Hawaiians and Other Pacific Islanders), persons with low socioeconomic status, and rural persons are currently designated as health disparity populations.

NIH Health Disparities Strategic Plan and Budget Fiscal Years 2009-2013



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# Phases of Research on Minority Health and Health Disparities



The 3 phases of the disparities research agenda.

Kilbourne et al. Am J Public Health. 2006 December; 96(12): 2113–2121.

# Efforts to Increase Minority Representation in Health Research

- Importance of racial/ethnic minority participation in health research has been well established, and includes:
  - Generalizability of research findings
  - Equity in provision of health care
  - Accurate information for specific race/ethnic group
- **National Institutes of Health (NIH) Revitalization Act** passed by United States Congress and signed into law by President Clinton in 1993.
  - The Act called for the NIH to require that all federally funded clinical research **prioritize the inclusion of women and minorities.**



# NIH Funded Research on Minority Health and Health Disparities

**Table 2** Large Population-Based Cohort Studies in the NHLBI Funded by Contract or Cooperative Agreement

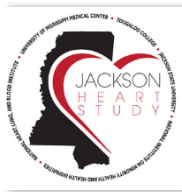
Year of First Examination	Name of Study	Race, Ethnicity	N	Age at Entry, Yrs	Website Address
1948	Framingham Heart Study	White	5,209	28–62	<a href="http://www.framinghamheartstudy.org">www.framinghamheartstudy.org</a>
1971	Framingham Heart Study–Offspring	White	5,124	5–70	<a href="http://www.framinghamheartstudy.org">www.framinghamheartstudy.org</a>
1985	Coronary Artery Risk Development in Young Adults	White/black	5,115	18–30	<a href="http://www.cardia.dopm.uab.edu">www.cardia.dopm.uab.edu</a>
1987	Atherosclerosis Risk in Communities	White/black	15,792	45–64	<a href="http://www.csc.unc.edu/aric">www.csc.unc.edu/aric</a>
1989	Cardiovascular Health Study	White/black	5,888	65+	<a href="http://www.chs-nhlbi.org">www.chs-nhlbi.org</a>
1989	Strong Heart Study	American Indian	4,549	45–74	<a href="http://www.strongheart.ouhsc.edu">www.strongheart.ouhsc.edu</a>
1991	Women’s Health Initiative*	White (82%)/black/Asian	161,808	50–79	<a href="http://www.nhlbi.nih.gov/whi/">www.nhlbi.nih.gov/whi/</a>
2000	Jackson Heart Study	Black	5,301	21+	<a href="http://www.jhs.jsu.edu/jhsinfo">www.jhs.jsu.edu/jhsinfo</a>
2000	Multi-Ethnic Study of Atherosclerosis†	White/black/Hispanic/Chinese	6,814	45–84	<a href="http://www.mesa-nhlbi.org">www.mesa-nhlbi.org</a>
2001	Strong Heart Study Family Study	American Indian	3,776	15+	<a href="http://www.strongheart.ouhsc.edu">www.strongheart.ouhsc.edu</a>
2001	Genetics of Coronary Artery Disease in Alaska Natives	Alaska natives	1,214	18+	<a href="http://www.gocadan.sfbgenetics.org">www.gocadan.sfbgenetics.org</a>
2002	Framingham Heart Study–Generation 3	White	4,095	19–70	<a href="http://www.framinghamheartstudy.org">www.framinghamheartstudy.org</a>
2008	Hispanic Community Health Study/Study of Latinos	Mexican/Puerto Rican/Cuban/Central and South America/Dominican	16,000	18–74	<a href="http://www.csc.unc.edu/hchs">www.csc.unc.edu/hchs</a>

\*The Women’s Health Initiative initially had both an observational and a clinical trial component; the clinical trial was later converted to a follow-up observational study after trial termination; limited to female participants (all other studies on this list recruited both male and female subjects). †The Multi-Ethnic Study of Atherosclerosis is the only study on the list that excluded at recruitment subjects with known clinical cardiovascular disease.

Sorlie and Wei. JACC Vol. 58, No. 19, 2011



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# Efforts to Detect, Understand, and Address Health Disparities How Far Have We Come?



National Heart, Lung,  
and Blood Institute

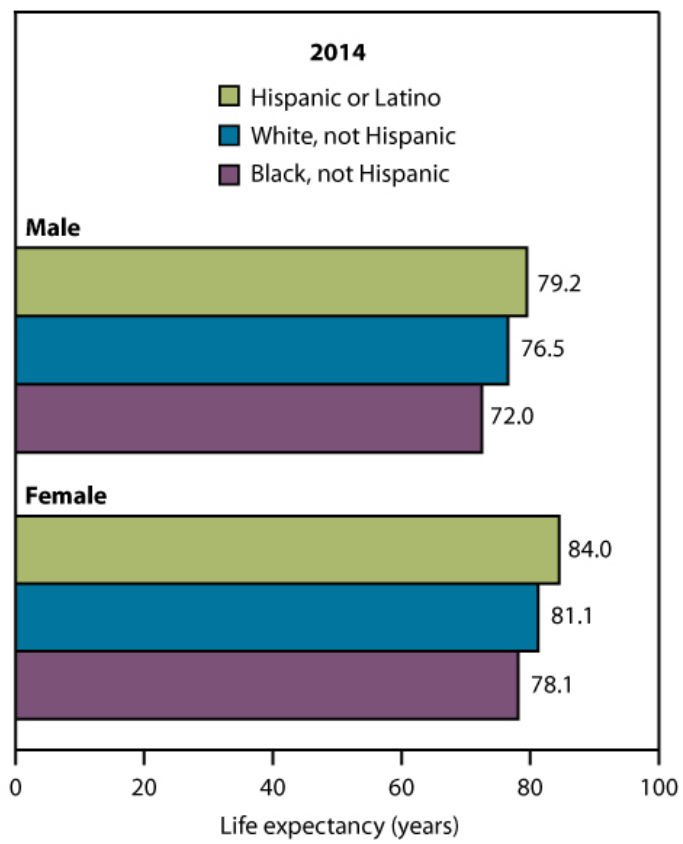
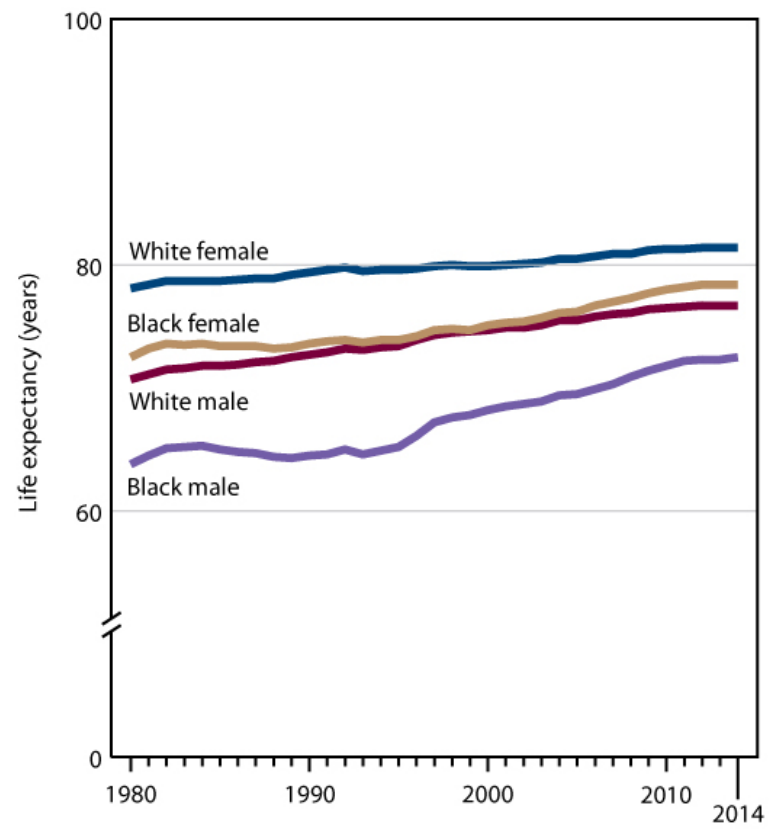


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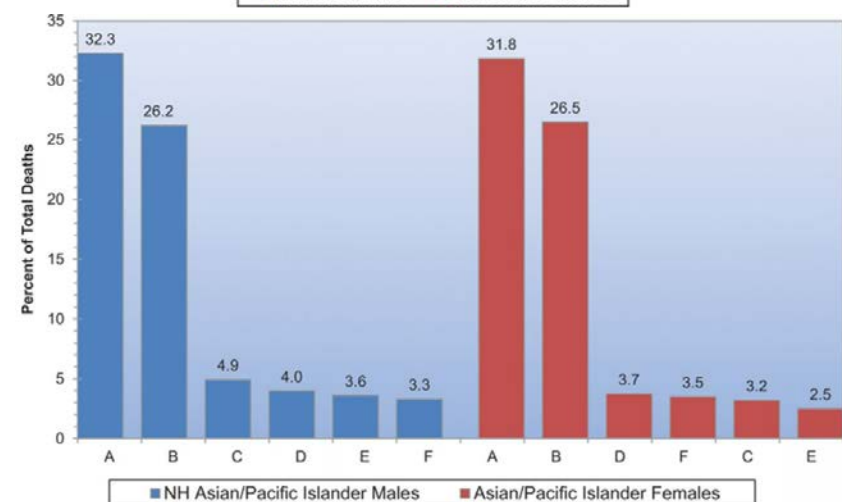
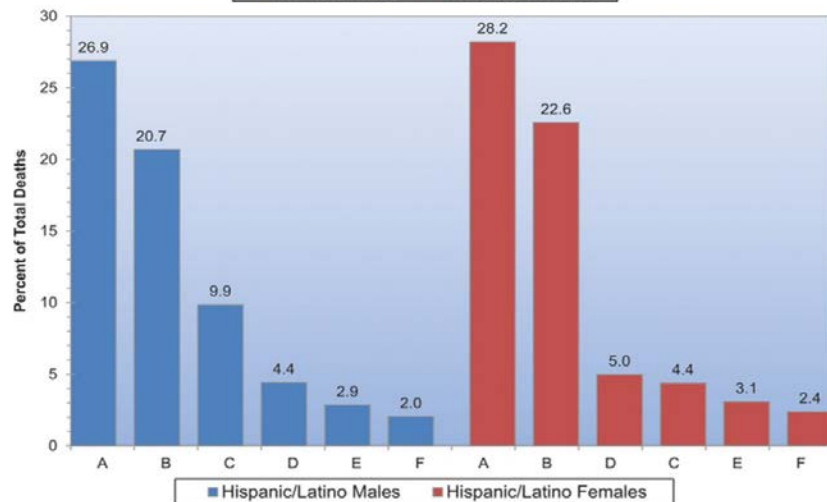
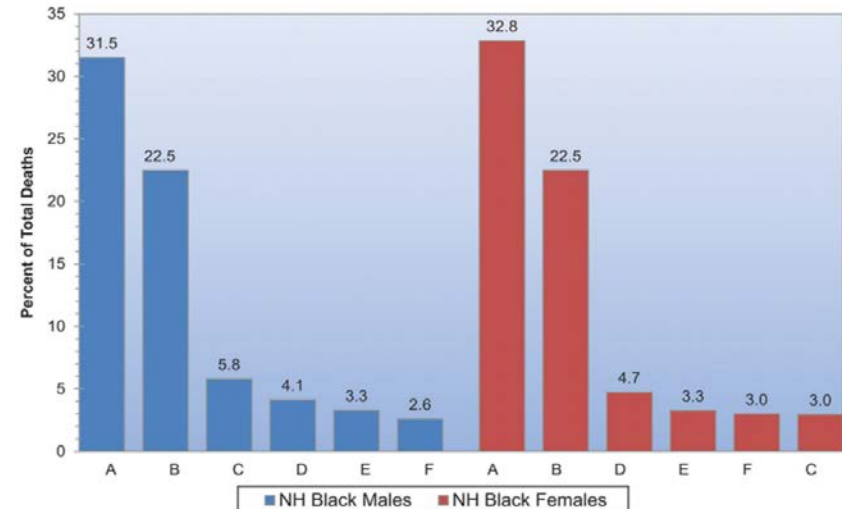
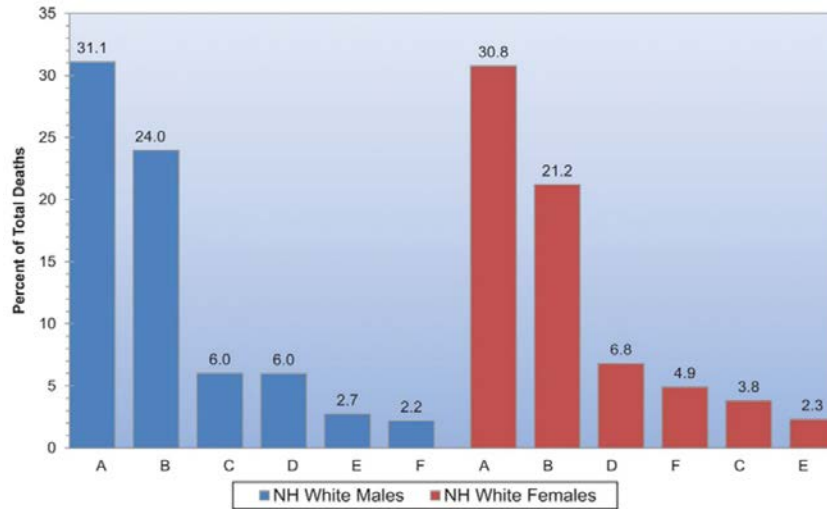
# Life expectancy at birth



NOTE: Life expectancy data by Hispanic origin were available starting in 2006 and were corrected to address racial and ethnic misclassification.  
 SOURCE: CDC/NCHS, *Health, United States, 2015*, Figure 18. Data from the National Vital Statistics System (NVSS).



# Cardiovascular Disease and Other Major Causes of Death by Sex and Race/Ethnicity (United States: 2013)



Dariusz Mozaffarian et al. *Circulation*. 2016;133:e38-e360

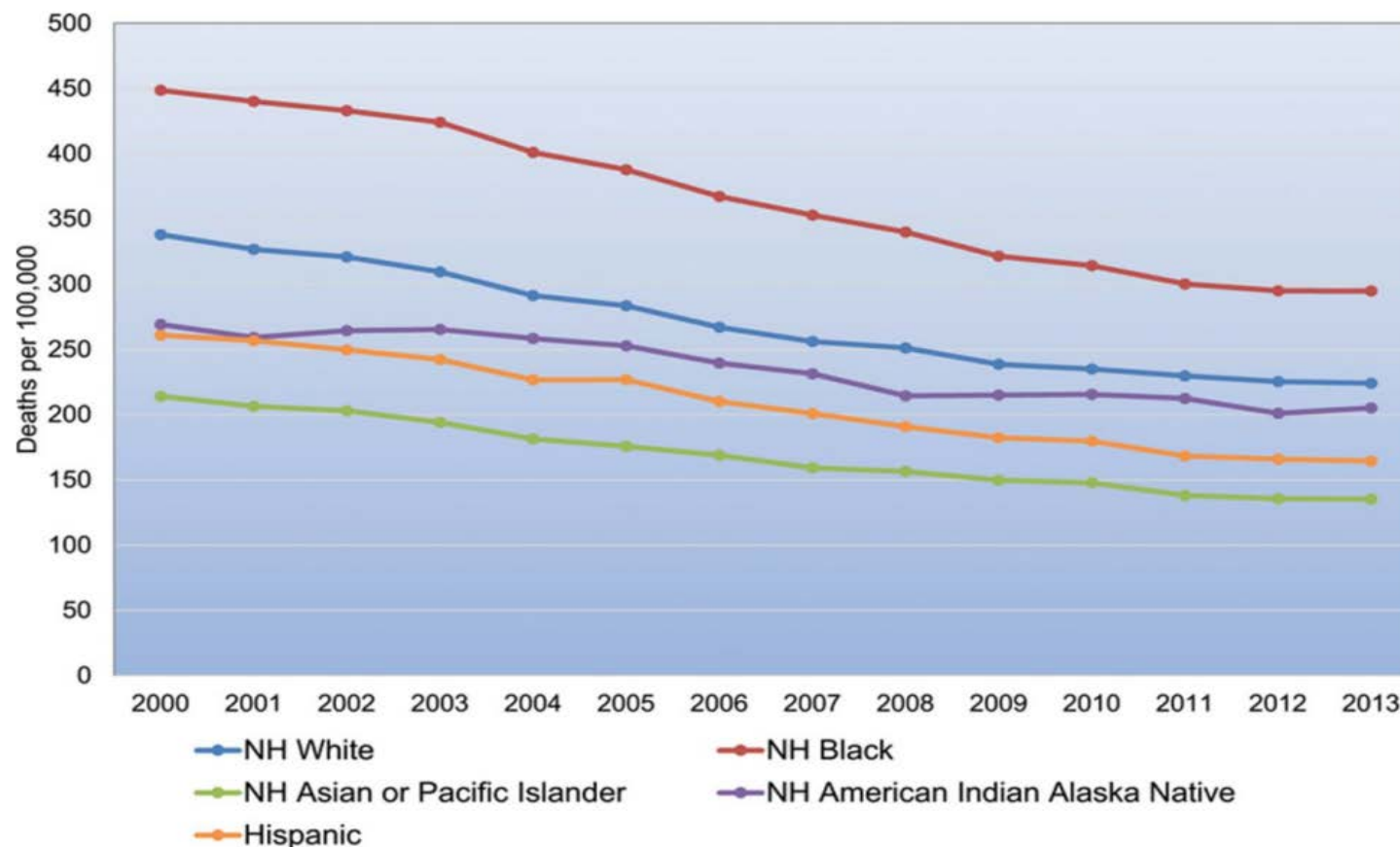
A indicates cardiovascular disease (*International Classification of Diseases, 10th Revision* codes I00–I99); B, cancer (C00–C97); C, accidents (V01–X59 and Y85–Y86); D, diabetes mellitus (E10–E14); E, chronic lower respiratory disease (J40–J47); and F, influenza and pneumonia (J09–J18).

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# US Age-Standardized Death Rates Attributable to Cardiovascular Disease (CVD) by Race/ Ethnicity, 2000 to 2013.



Dariush Mozaffarian et al. *Circulation*. 2016;133:e38-e360

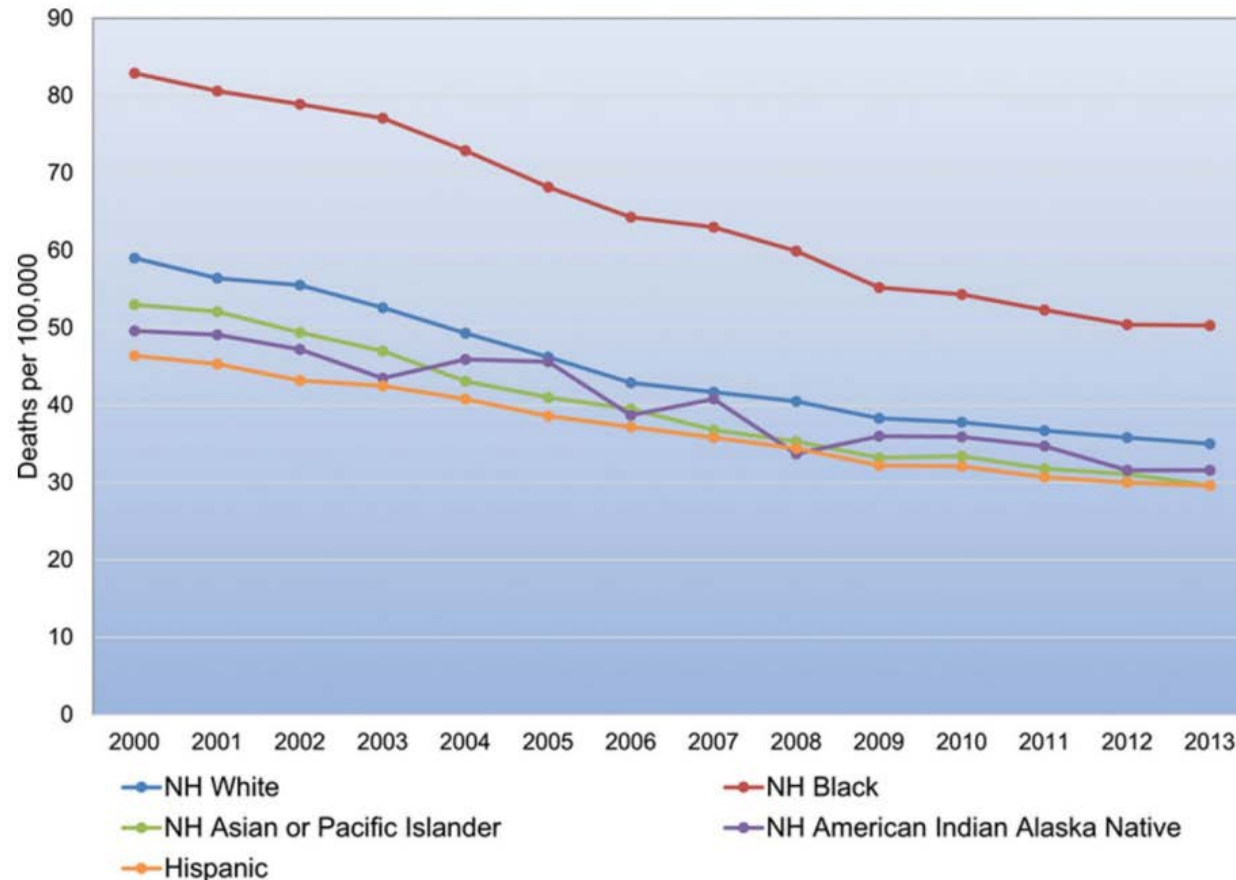


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# US Age-Standardized Death Rates Attributable to Stroke by Race/Ethnicity, 2000 to 2013



Dariusz Mozaffarian et al. *Circulation*. 2016;133:e38-e360

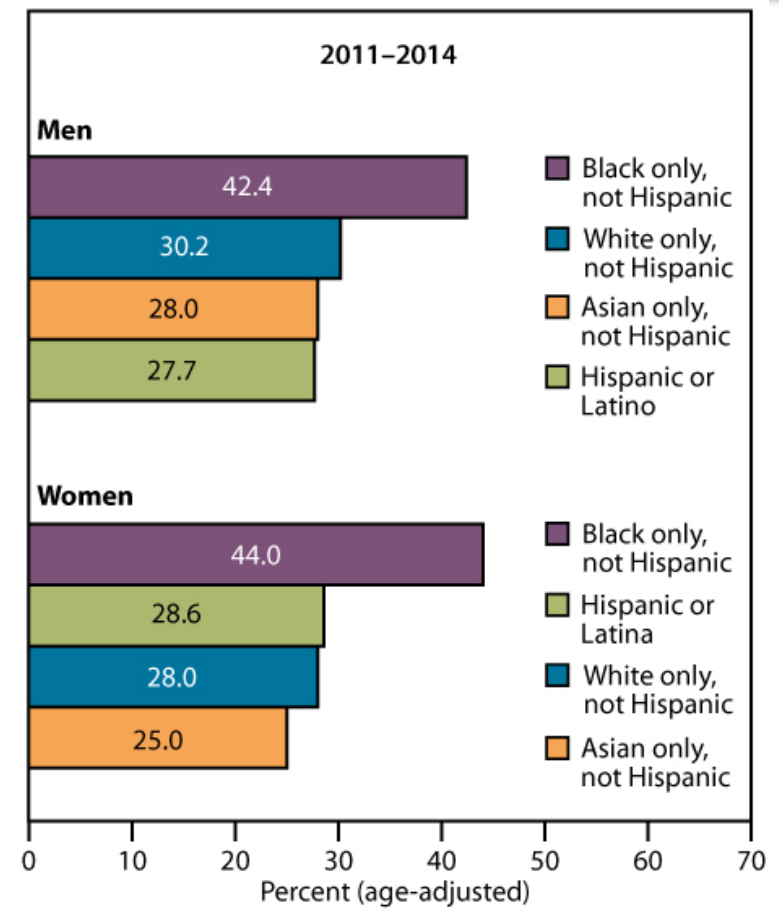
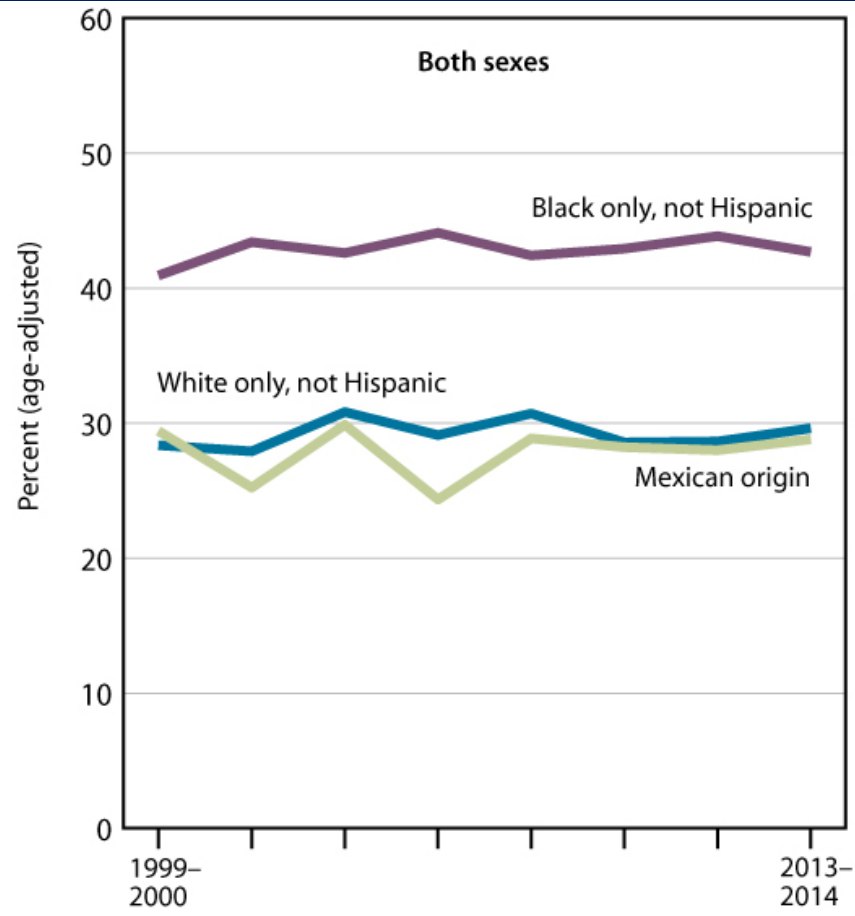


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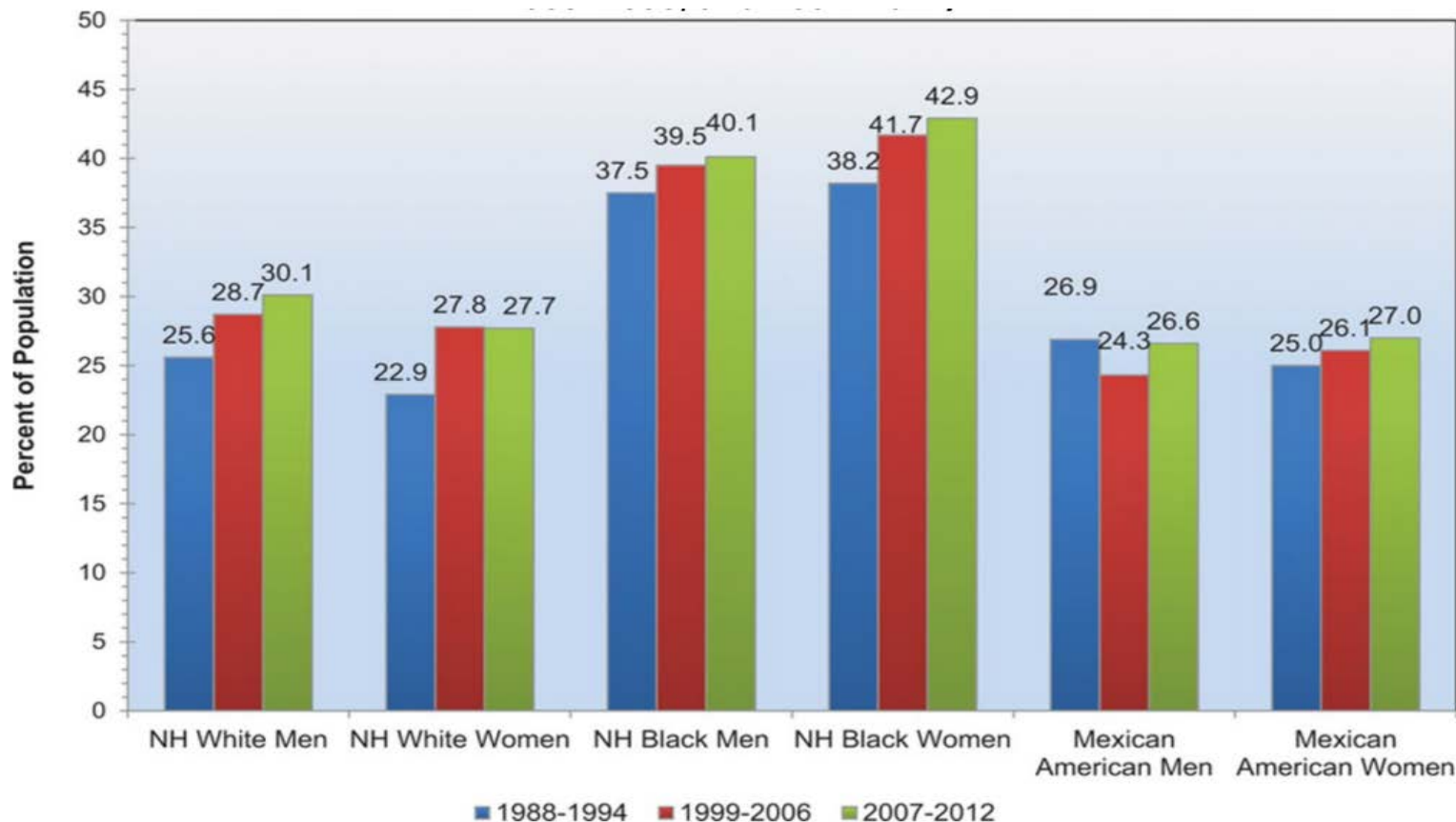
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# Age-Adjusted Prevalence of Hypertension: Adults Aged 20+



NOTE: Estimates are age-adjusted. Hypertension is having measured high blood pressure (systolic pressure of at least 140 mm Hg or diastolic pressure of at least 90 mm Hg) and/or respondent report of taking antihypertensive medication.  
 SOURCE: CDC/NCHS, *Health, United States, 2015*, Figure 23. Data from the National Health and Nutrition Examination Survey (NHANES).

# Age-Adjusted Trends in Prevalence of High Blood Pressure in Adults Ages $\geq 20$ Years by Race/Ethnicity and Sex



Dariusz Mozaffarian et al. *Circulation*. 2016;133:e38-e360

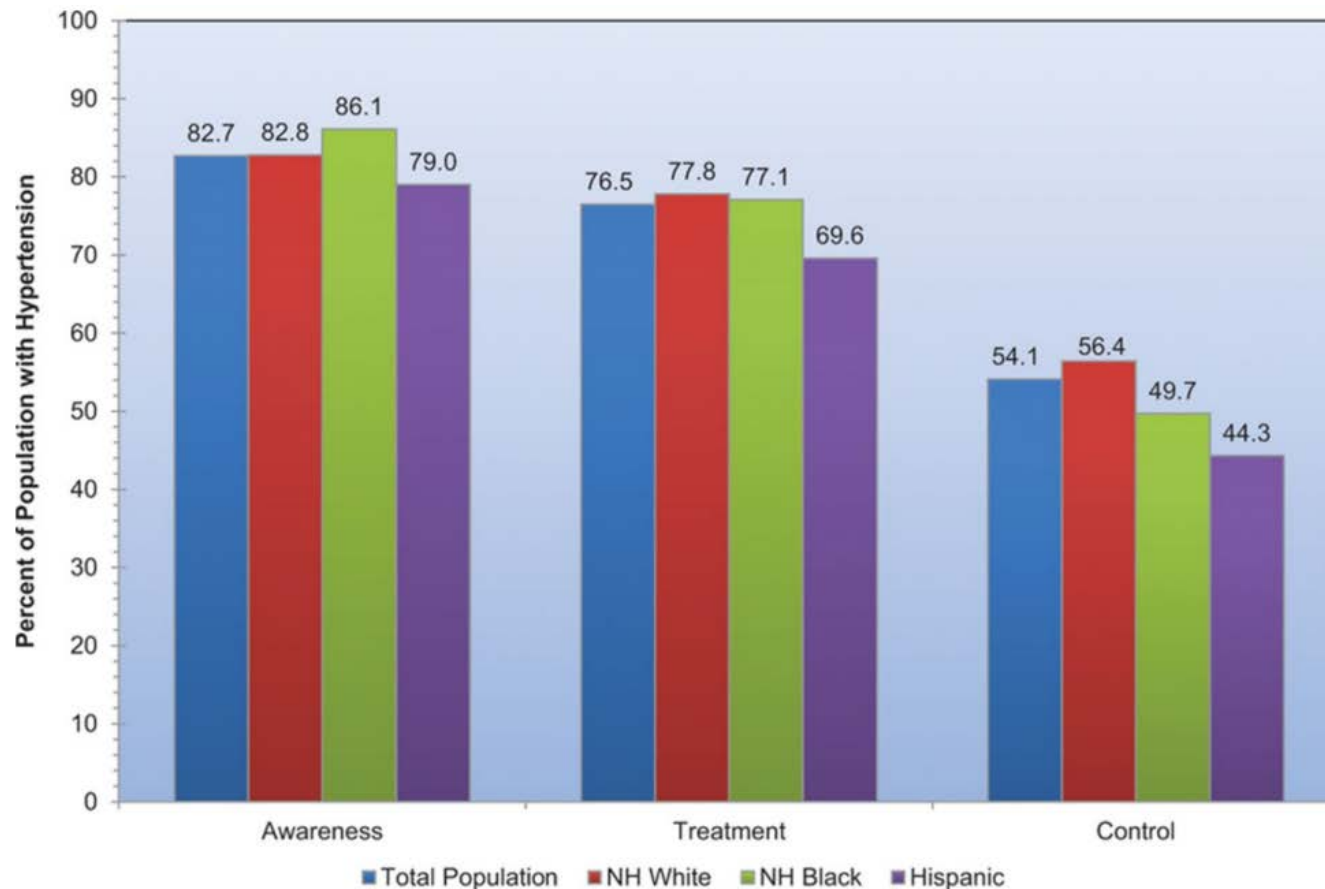


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# Extent of Awareness, Treatment, and Control of High Blood Pressure by Race/Ethnicity (NHANES: 2007–2012)



Dariush Mozaffarian et al. *Circulation*. 2016;133:e38-e360

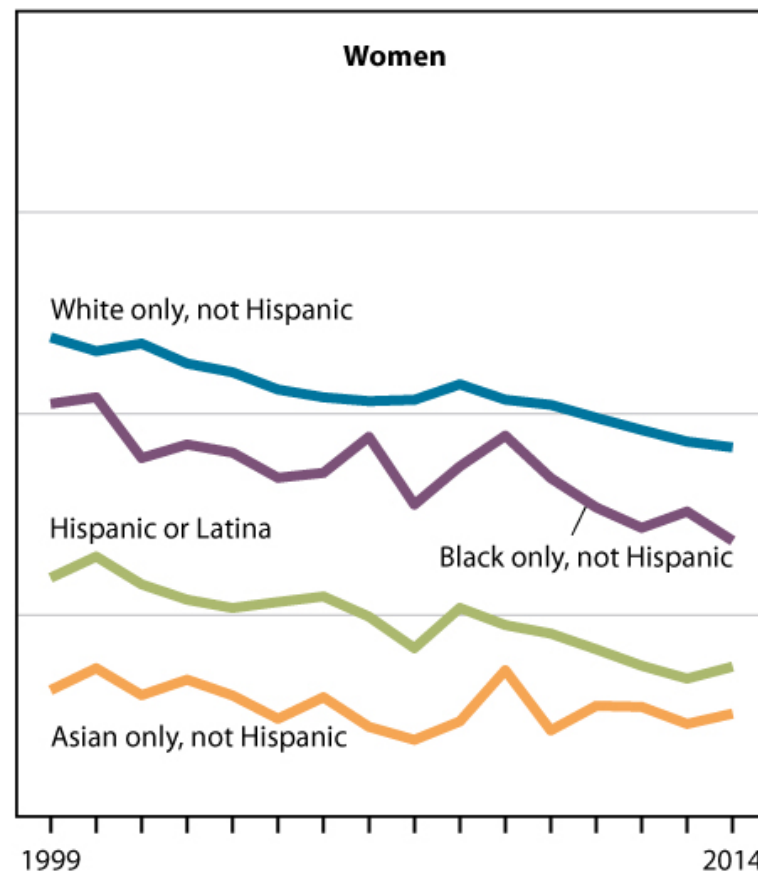
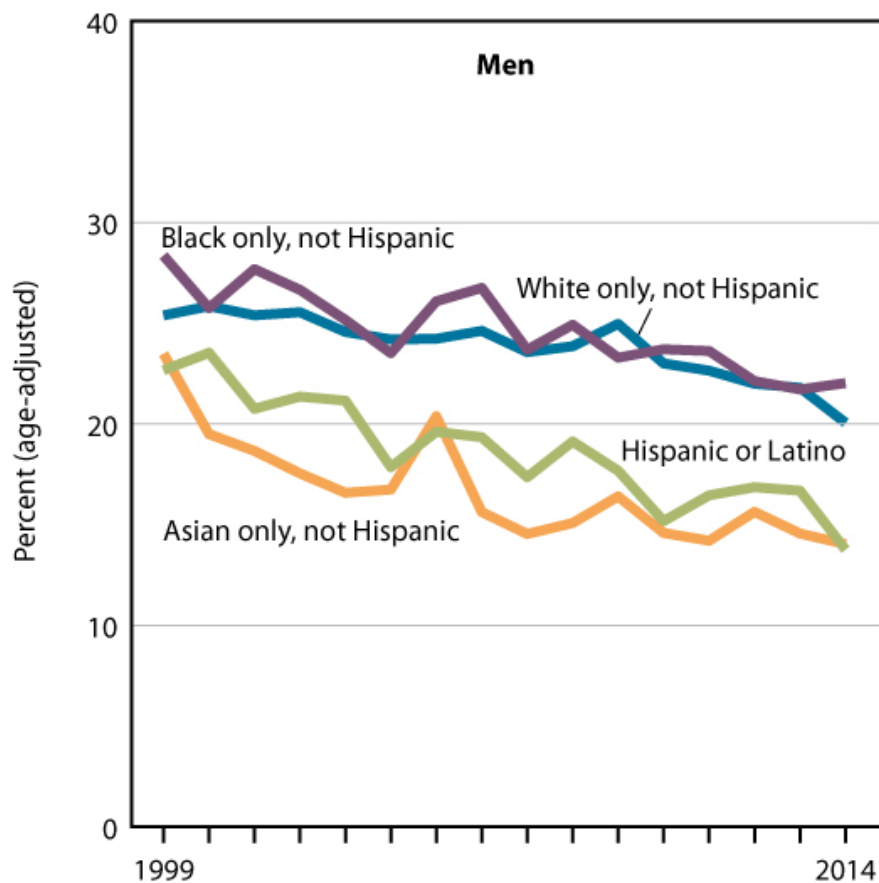


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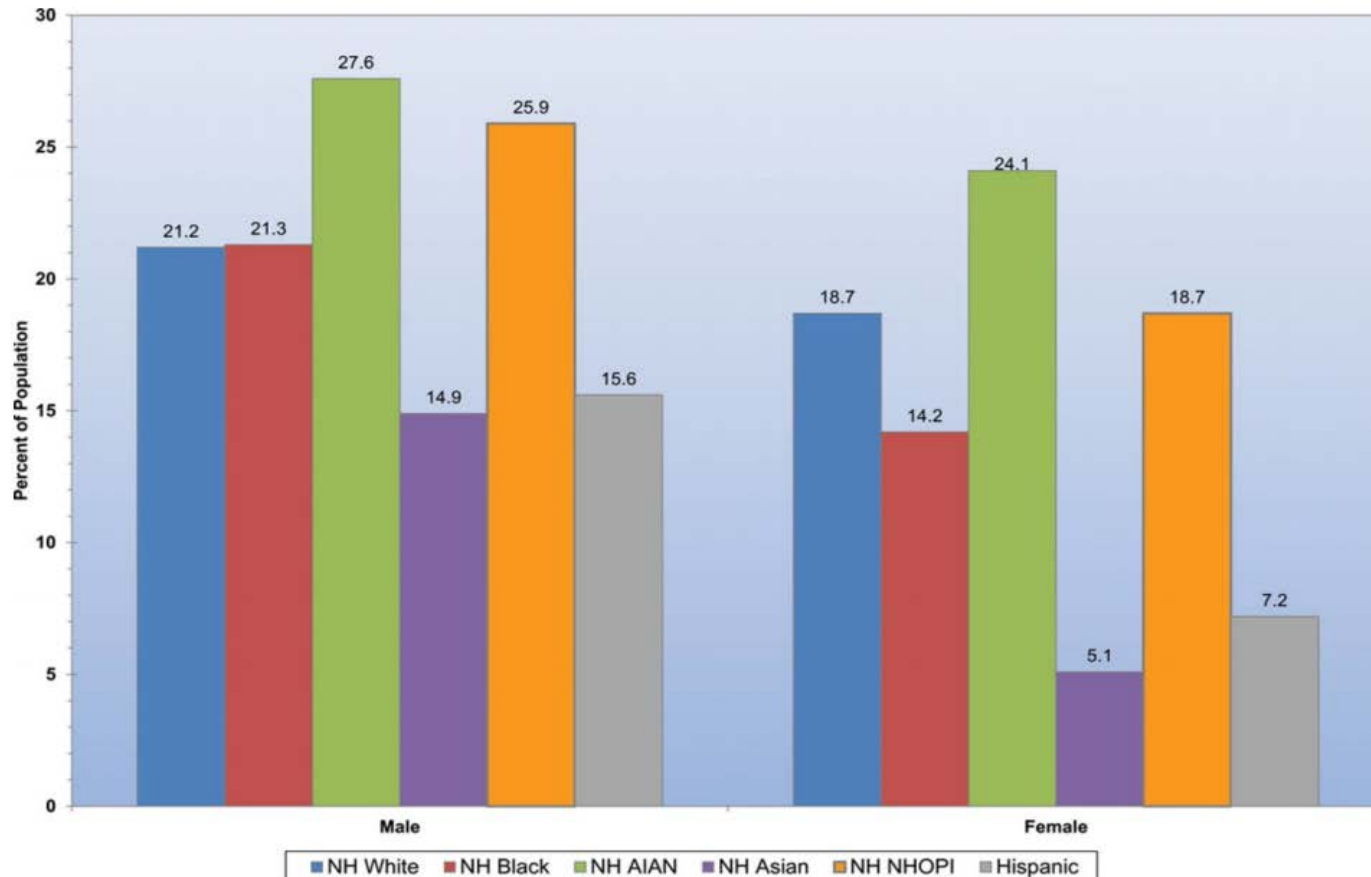
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# Current Cigarette Smoking: Adults Aged 18+



NOTES: Estimates are age-adjusted. Smoked 100 cigarettes in their lifetime and smokes now every day or some days.  
 SOURCE: CDC/NCHS, *Health, United States, 2015*, Figure 24. Data from the National Health Interview Survey (NHIS).

# Prevalence (%) of Current Cigarette Smoking among Adults $\geq 18$ Years by Sex and Race/Ethnicity (National Health Interview Survey, 2012–2014)



Dariush Mozaffarian et al. *Circulation*. 2016;133:e38-e360



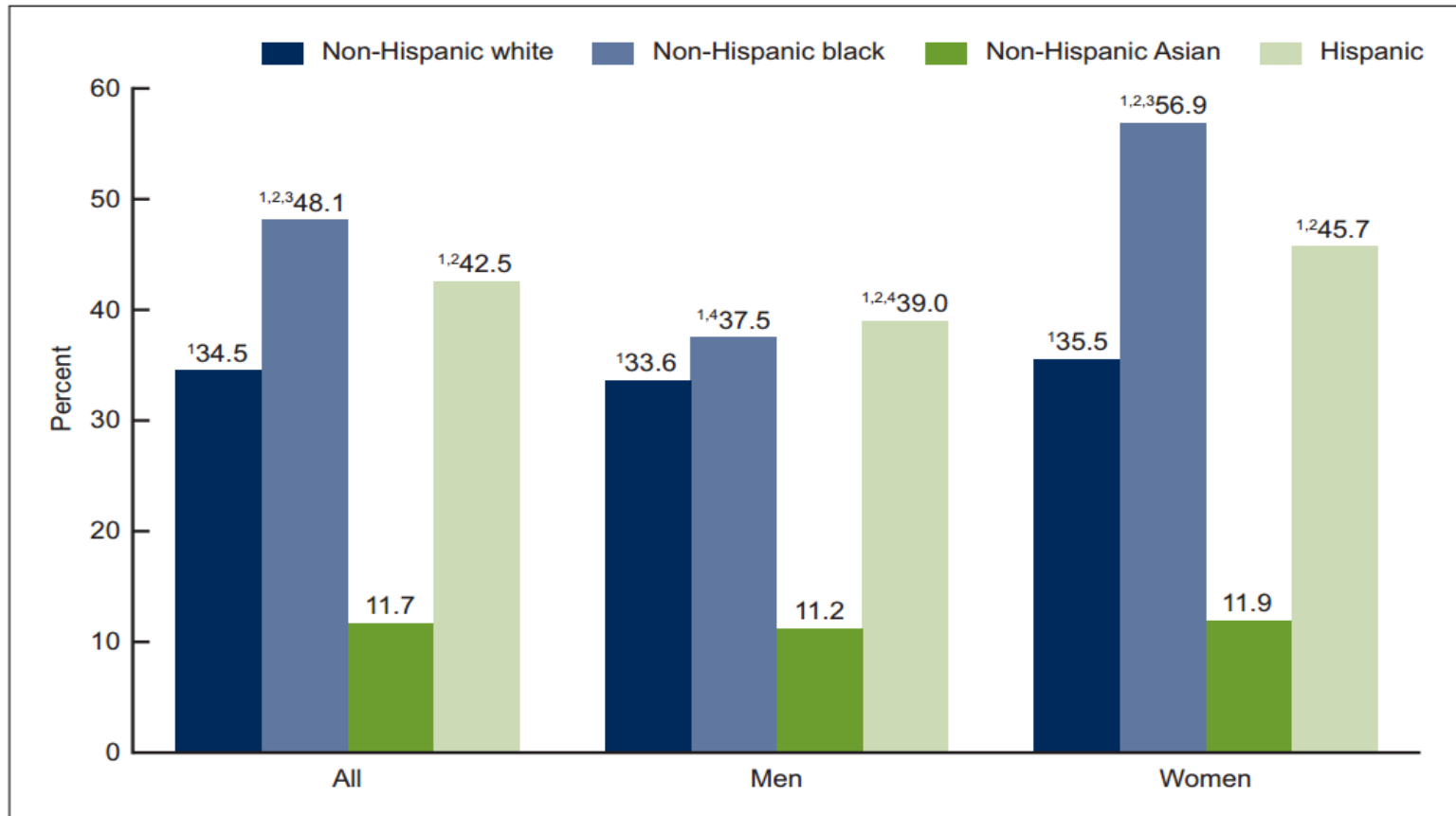
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# Prevalence of Obesity among adults Ages $\geq 20$ by Sex and Race/Ethnicity: United States, 2011–2014



<sup>1</sup>Significantly different from non-Hispanic Asian persons.

<sup>2</sup>Significantly different from non-Hispanic white persons.

<sup>3</sup>Significantly different from Hispanic persons.

<sup>4</sup>Significantly different from women of the same race and Hispanic origin.

NOTE: All estimates are age-adjusted by the direct method to the 2000 U.S. census population using the age groups 20–39, 40–59, and 60 and over.

SOURCE: CDC/NCHS, National Health and Nutrition Examination Survey, 2011–2014.



# Prevalence of CVD Risk Factors: All HCHS/SOL Participants and By Hispanic/Latino Background and Sex

CVD risk factors were defined as follows:

**Hypercholesterolemia:** total cholesterol  $\geq 240$  mg/dL, LDL cholesterol  $\geq 160$  mg/dL, HDL cholesterol  $< 40$  mg/dL, or on cholesterol-lowering medication;

**Obesity:** body mass index  $\geq 30.0$  kg/m<sup>2</sup> ;

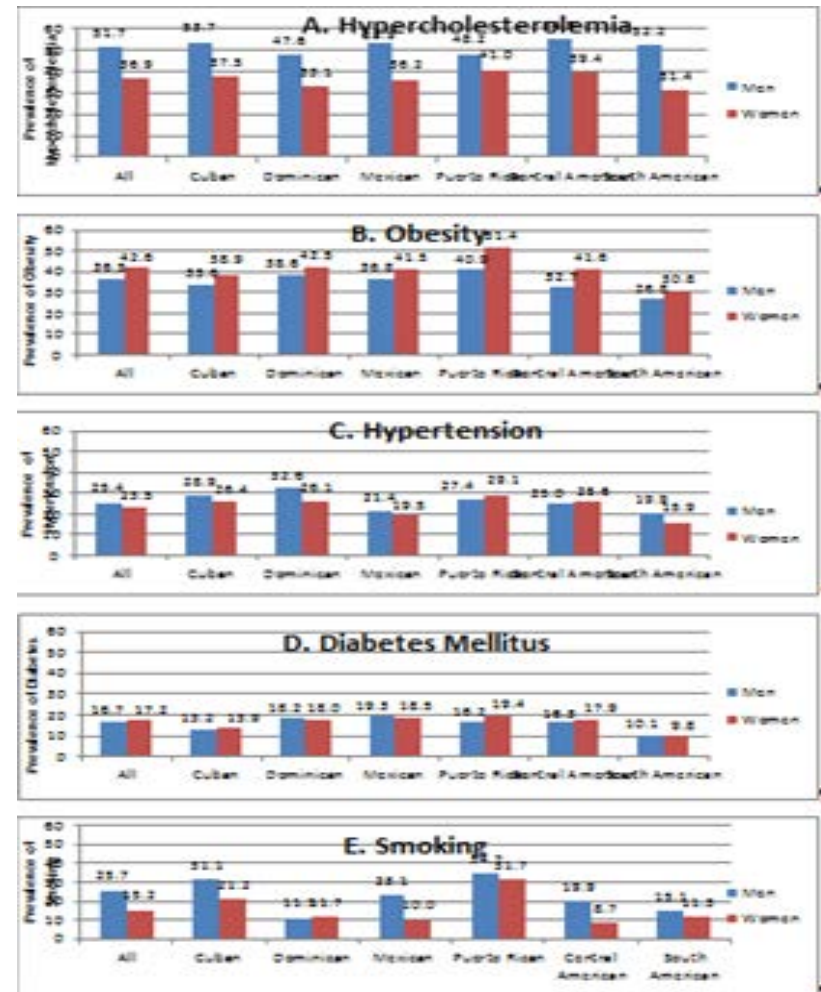
**Hypertension:** systolic blood pressure  $\geq 140$  mm Hg, diastolic blood pressure  $\geq 90$  mm Hg, or on antihypertensive medication;

**Diabetes mellitus:** fasting plasma glucose  $\geq 126$  mg/dL, 2-hour-postload plasma glucose  $\geq 200$  mg/dL, an HbA<sub>1c</sub>  $\geq 6.5\%$ , or on anti-hyperglycemic medications;

**Smoking:** currently smoking cigarettes.

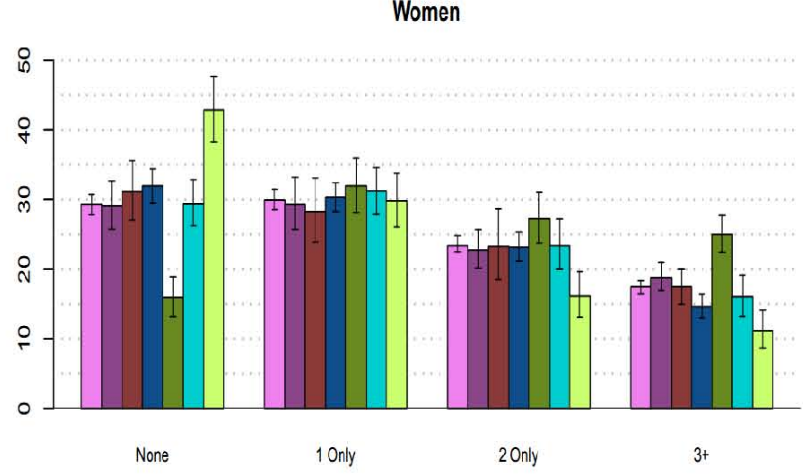
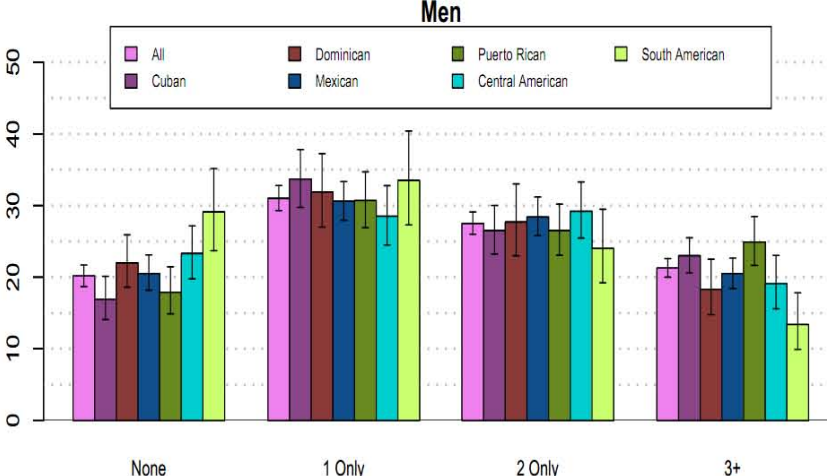
Daviglus et al., Progress in Cardiovascular Diseases. 2014. <http://dx.doi.org/10.1016/j.pcad.2014.07.006>

Daviglus et al., JAMA 2012;308(17):1775-1784





# Prevalence of CVD Risk Profiles by Hispanic/Latino Group



Values weighted for survey design and non-response and adjusted for age. Prevalence with 95% CI are reported.

Risk factors: **Hypertension** SBP/ DBP >140/>90 or on treatment. **Hypercholesterolemia**, total cholesterol >240 mg/dL HDL-C <40 mg/dL LDL-C >160 mg/dL or on treatment. **Obesity**, BMI >30kg/m<sup>2</sup>; **Diabetes**, fasting glucose >126 mg/dL 2h-post-load plasma glucose >200 mg/dL A1c >6.5%, or use of diabetes medications. **Smoking**, currently smoking cigarettes.

Daviglus et al. JAMA 2012;308(17):1775-84

# The Need for a Paradigm Shift

- Over the past 5 decades, medical research has generated extensive knowledge on classification of chronic diseases and identification of risk factors.
- Rigorous investigation and evaluation of the safety and efficacy of preventive and therapeutic measures has led to reduced morbidity and mortality.
- This evidence has generated treatments that are expected to benefit the population as a whole
- Individual patients can have markedly variable responses to therapy, i.e., the same treatment may be highly effective, have no effect, or have deleterious effects.
- To date, progress in identifying optimal individualized treatments has been modest, because of gaps in knowledge about disease causation in individuals and factors underlying variable responses to therapy.



# What Is Precision Medicine?

- To date, most medical treatments have been designed for the “average patient.” However, with this “one-size-fits-all” approach, treatment can be very successful for some patients but not for others.
- **Precision medicine** is an emerging approach for disease treatment and prevention that takes into account individual variability in lifestyle, environment, and genes, with the goal of providing the best care possible based on each individual’s unique makeup.
- Precision medicine aims to give clinicians tools to better understand the complex mechanisms underlying a patient’s health, disease, or condition, and to better predict which treatments will be most effective.



# The Precision Medicine Initiative® (PMI)

- Announced by President Barack Obama in his 2015 State of the Union address
- Bold new research effort to revolutionize how we improve health and treat disease.
- Aims to leverage advances in genomics and emerging methods for managing and analyzing large data sets through collaborative public and private efforts, while protecting privacy, and health information technology to accelerate biomedical discoveries.
- **MISSION:** To enable a new era of medicine through research, technology, and policies that empower patients, researchers, and providers to work together toward development of individualized care



*"My hope is that this becomes the foundation, the architecture, whereby in 10 years from now we can look back and say that we have revolutionized medicine."*

—President Barack Obama

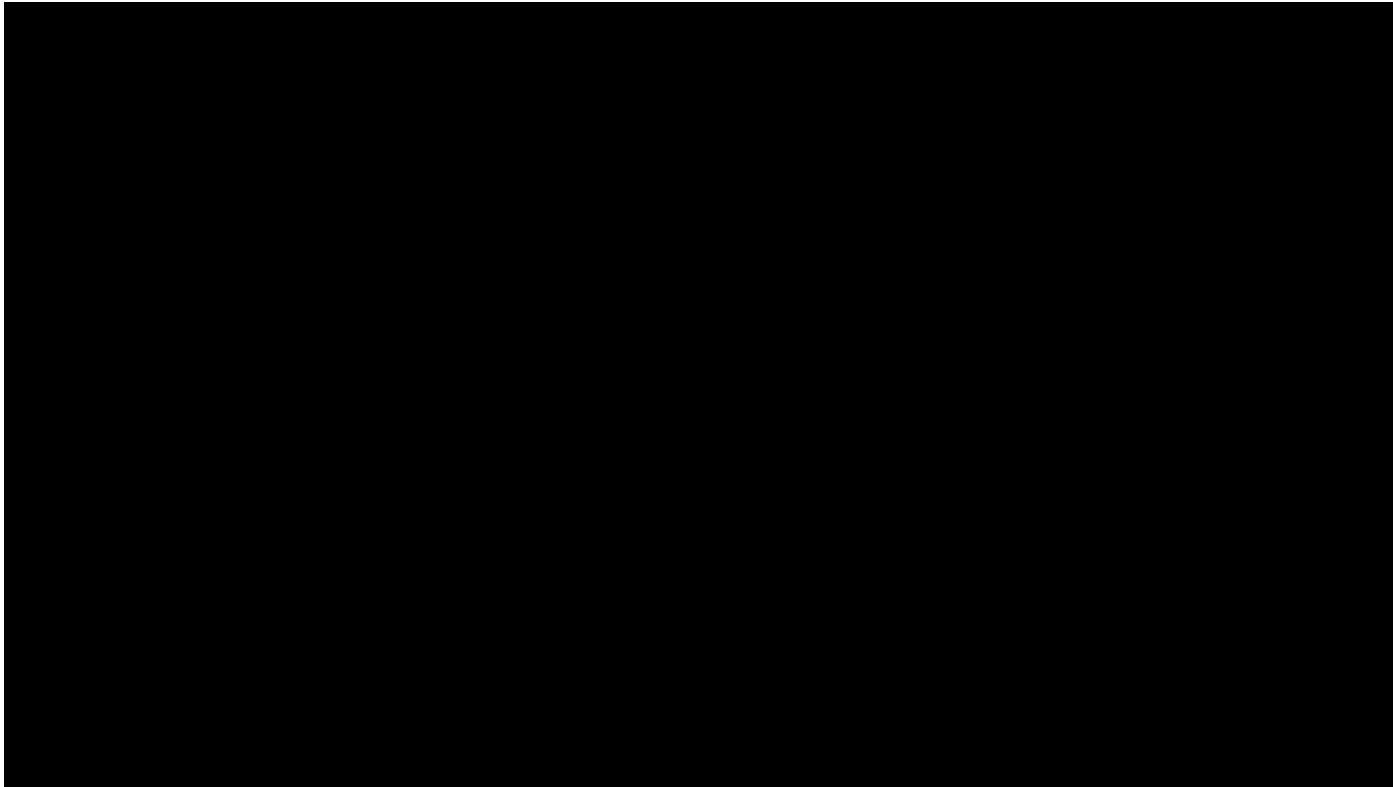
# The Promise of Precision Medicine

- Precision medicine is not a new concept (e.g., blood transfusions, etc.)
- Early successes of precision medicine approaches:
  - Targeted treatments for some types of cancer and for cystic fibrosis that are effective in patients who share an underlying causal genotype.
  - Progress in understanding how to optimize therapies based on how different polymorphisms predict therapeutic response.
  - Patients with previously undiagnosed genetic diseases been successfully diagnosed with individual genome sequencing.
  - New disease subtypes increasingly being defined through molecular profiling of affected tissues.
- Recent advances in basic research, technology development, genomics, proteomics, metabolomics, EMRs, Big Data, mHealth, etc. have expanded the prospects for broader application of precision medicine approaches.



# The Promise of Precision Medicine

In the words of Eric Dishman, Director of the Precision Medicine Initiative<sup>®</sup> Program...





# The *All of Us*<sup>SM</sup> Research Program



## PRECISION MEDICINE INITIATIVE<sup>®</sup> COHORT PROGRAM



### WHAT IS IT?

**Precision medicine** is a groundbreaking approach to disease prevention and treatment based on people's individual differences in environment, genes and lifestyle.

The Precision Medicine Initiative<sup>®</sup> Cohort Program will lay the foundation for using this approach in **clinical practice**.

### WHAT ARE THE GOALS?

Engage a group of **1 million or more U.S. research participants** who will share biological samples, genetic data and diet/lifestyle information, all linked to their electronic health records. This data will allow researchers to develop more precise treatments for **many diseases and conditions**.

Pioneer a new model of research that emphasizes **engaged research participants, responsible data sharing and privacy protection**.



Research based on the cohort data will:

- Lay **scientific foundation** for precision medicine
- Help identify new ways to **treat and prevent disease**
- Test whether **mobile devices**, such as phones and tablets, can encourage healthy behaviors
- Help develop the **right drug** for the **right person** at the **right dose**

### WHY NOW?

The **time is right** because:

We have a greater understanding of human genes

People are more engaged in healthcare and research



We have the tools to track health information and use large databases

Research technologies have improved



Follow the Initiative's progress and be one of the first to join this landmark effort.

[www.nih.gov/precision-medicine-initiative-cohort-program](http://www.nih.gov/precision-medicine-initiative-cohort-program)

- The cornerstone of the larger PMI -- led by the NIH
- Previously called the Precision Medicine Initiative<sup>®</sup> Cohort Program
- Landmark longitudinal research effort to improve disease prevention and treatment measures based on individual differences in lifestyle, environment and genetic factors
- Will provide the platform for expanding knowledge of precision medicine approaches that will benefit the nation for many years to come
- Data to be shared freely and rapidly to inform a variety of research studies.



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# The *All of Us*<sup>SM</sup> Research Program

The development and implementation of this program is being guided by a set of **core values**:

- Participation is open to all.
- Participants reflect the rich diversity of the U.S.
- Participants are partners.
- Participants have access to their information.
- Data will be accessed broadly for research purposes.
- Security and privacy will be of highest importance.
- The program will be a catalyst for positive change in research.



# The *All of Us*<sup>SM</sup> Research Program



- One million or more volunteers
  - To reflect the broad diversity of the U.S., not statistically representative
  - Children and adults ages 1 year and older
  - Men and women from diverse race/ethnic groups and geographic locations, and with differing health status
  - Longitudinal cohort, with continuing interactions



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# The *All of Us*<sup>SM</sup> Research Program

- Two methods of recruitment
  - Direct volunteers (anyone can sign up directly)
  - Healthcare provider organizations (HPO)



DIRECT VOLUNTEERS



HEALTH CARE PROVIDER ORGANIZATIONS

# Key Established Components of the *All of Us*<sup>SM</sup> Research Program



## DATA AND RESEARCH SUPPORT CENTER (DRC)

Vanderbilt University Medical Center  
with the Broad Institute and Verily

## BIOBANK

Mayo Clinic

## PARTICIPANT TECHNOLOGIES CENTER (PTC)

Scripps Research Institute  
with Vibrent Health

## HEALTH CARE PROVIDER ORGANIZATIONS (HPOs)

Regional Medical Centers, Health Centers  
including Federally Qualified Health Center pilot  
VA Medical Centers

# Participant Recruitment Sites

## HPO Regional Medical Centers

- Located in Illinois, New York, Pennsylvania (2), Arizona, California, Boston, and Michigan

## HPOs: Federally Qualified Health Centers (FQHCs) – Pilot Sites

- Collaboration with Health Resources and Services Administration (HRSA)

## HPOs: VA Medical Centers

- Collaboration with Department of Veterans Affairs to enroll veterans
- 20 participating sites anticipated

## HPOs: Regional Medical Centers (RMCs)



## HPOs: Federally Qualified Health Centers (FQHCs) – Pilot Sites



# A Transformational Approach to Diversity

Reflecting the country's rich diversity to produce meaningful health outcomes for historically underrepresented communities



People

Health  
Status

Geography

Data  
Types

# A Transformational Approach to **Participation**

Participants in the *All of Us*<sup>SM</sup> Research Program will be true partners—not patients, not subjects—in the research process

Involved in every step of program development

- What data we collect
- What lab analyses we do
- What research is conducted
- How data gets returned





# All of Us<sup>SM</sup> Research Program Data

The Program will start by collecting a limited set of standardized data from sources that will include:

- Participant questionnaires
- Electronic health records
- A baseline physical evaluation
- Biospecimens (blood and urine samples)
- Mobile/wearable technologies
- Geospatial/environmental data

Data types will grow and evolve with science, technology, and trust.



# Audacious Goals to Help Make This Happen

The *All of Us*<sup>SM</sup> Research Program aims to generate:

- **A new model of research** based on collaboration among researchers, providers, and participants
- **A rich resource of data**, including biospecimens, to help accelerate research advances
- **Increased knowledge** leading to individualized care and improved health for future generations

# Scientific Opportunities

- Develop quantitative **estimates of risk** for a range of diseases by integrating environmental exposures and genetic factors.
- Identify the causes of individual variation in response to commonly used therapeutics = **pharmacogenomics**.
- Discover **biological markers** that signal increased or decreased risk of developing common diseases.
- Develop targeted **solutions to**

## health disparities.

- Use **mobile health technologies** to correlate activity, physiological measures, and environmental exposures with health outcomes.
- Create a platform to enable **trials of targeted therapies**.
- **Empower study participants** with data and information.



# Promises and Challenges

- Disease patterns, presentation, and response to treatment can vary markedly by race/ethnic background
- However, many current medical treatments are informed by research findings from a largely homogeneous white, male, urban populations.
  - Unclear whether current knowledge on the biology of complex traits and the response to therapy is directly applicable to others. This has the potential to maintain or aggravate health disparities.
- By leveraging the rich diversity of the US population, the **All of Us**<sup>SM</sup> Research Program will provide the ability to account for individual variation while providing opportunities to advance research that may reduce disparities and move towards health equity.
- Of note, **concerns** have been raised by some researchers that access to new genomic medicine technologies may be limited to wealthy individuals or those with high quality health insurance.
  - Concerns that such a technology divide may worsen health disparities for minorities with regards to access to genomic medicine.

# The *All of Us*<sup>SM</sup> Research Program



*“This range of information at the scale of 1 million people from all walks of life will be an unprecedented resource for researchers working to understand all of the factors that influence health and disease.”*

*“Over time, data provided by participants will help us **answer important health questions**, such as why some people with elevated genetic and environmental risk factors for disease still manage to maintain good health, and how people suffering from a chronic illness can maintain the highest possible quality of life. **The more we understand about individual differences, the better able we will be to effectively prevent and treat illness.**”*

-- Dr. Francis S. Collins, NIH Director



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# The Precision Medicine Initiative® and Minority Health

*“The core values of the President’s PMI challenge the scientific community to advance population health in ways that create **true benefits to all populations...**”*

*“There are many **benefits to recruiting diverse populations** to participate in the Precision Medicine Initiative. This rich research resource provides a **unique opportunity to understand the health issues impacting all population groups**. The benefits extend far beyond the availability of genomics and other biomarkers for diverse populations. It will also include the systematic collection of social information, demographics and clinical data that will **help us understand those mechanisms that lead to health disparities.**”*

NIMHD Director Dr. Eliseo J. Pérez-Stable.



More information on the  
Precision Medicine Initiative<sup>®</sup>  
is available at:  
[www.nih.gov/precisionmedicine](http://www.nih.gov/precisionmedicine)

Thank you!

# What Is Precision Medicine? (Cont.)

- Advances in precision medicine have already led to some new treatments tailored to specific characteristics of individuals, such as a person's genetic makeup, or the genetic profile of an individual's tumor, transforming the treatment of diseases such as cancer.
- The potential for precision medicine to improve care and speed the development of new treatments has only just begun to be tapped

***“...the prospect of applying this concept broadly has been dramatically improved by the recent development of large-scale biologic databases (such as the human genome sequence), powerful methods for characterizing patients (such as proteomics, metabolomics, genomics, diverse cellular assays, and even mobile health technology), and computational tools for analyzing large sets of data.”*** -- Francis S. Collins and Harold Varmus. A New Initiative on Precision Medicine. *N Engl J Med.* 2015;372(9): 793-795.
- Coordinated and sustained national effort was needed to translate these early successes to large scale efforts

***“What is needed now is a broad research program to encourage creative approaches to precision medicine, test them rigorously, and ultimately use them to build the evidence base needed to guide clinical practice.”*** -- Francis S. Collins and Harold Varmus. A New Initiative on Precision Medicine. *N Engl J Med.* 2015;372(9): 793-795.



# Objectives of *All of Us*<sup>SM</sup> Research Program HPO Enrollment Centers

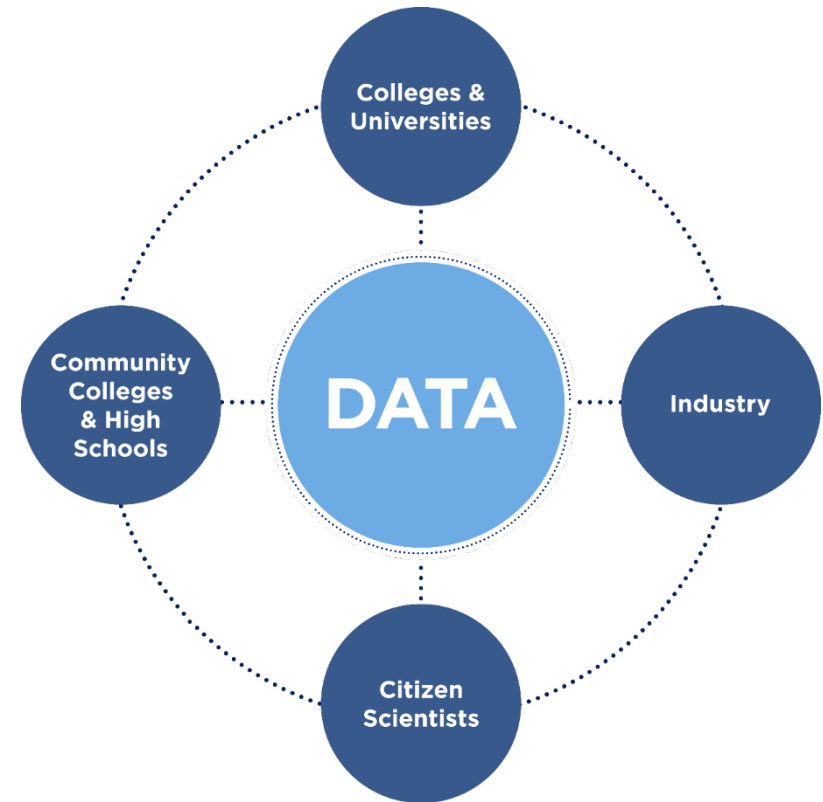


- The objectives of the HPO Enrollment Centers are to:
  - Recruit and enroll participants
  - Promote study participation
  - Collect data and biospecimens
  - Foster participant engagement
  - Facilitate involvement of researchers in utilization of research resources developed by the program
- Participants enrolled through HPOs will be invited to participate regardless of disease status, and will be representative of all life stages as well as reflect the broad diversity of the U.S. population.



# A Transformational Approach to **Data Access**

- Data sharing will be swift to both researchers and participants
- Participants will have access to study information and data about themselves
- Data collection will start small and will grow over time
- Privacy and security will adhere to the highest standards
- Will invest to level the playing field so diverse researchers can play



# The Precision Medicine Initiative<sup>®</sup> (PMI)



***“The cancer-focused component of this initiative will be designed to address some of the obstacles that have already been encountered in ‘precision oncology.’”***

(e.g., unexplained drug resistance and genomic heterogeneity of tumors)

***“The initiative's second component entails pursuing research advances that will enable better assessment of disease risk, understanding of disease mechanisms, and prediction of optimal therapy for many more diseases, with the goal of expanding the benefits of precision medicine into myriad aspects of health and health care.”***

***“Although the precision medicine initiative will probably yield its greatest benefits years down the road, there should be some notable near-term successes.”***

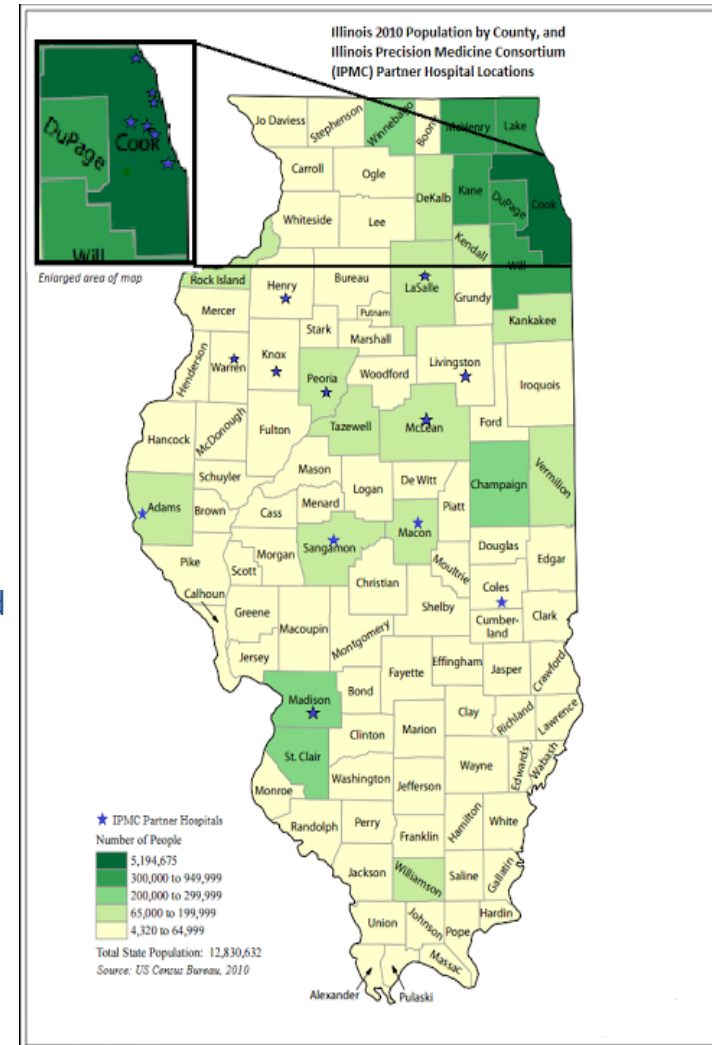
(e.g., cancer studies, early insights into pharmacogenomics, observations of benefits use of mobile health technologies leading to strategies for chronic disease prevention)

-- Francis S. Collins and Harold Varmus. A New Initiative on Precision Medicine. *N Engl J Med.* 2015;372(9): 793-795.

# The Illinois Precision Medicine Initiative Consortium

- One of the regional health care provider organizations.
- Collaboration between **Northwestern Memorial Hospital/Northwestern Medicine, University of Chicago Medical Center, and University of Illinois Hospital & Health Sciences System**, and their partner institutions:

Ann and Robert H. Lurie Children's Hospital, Rush University Medical Center, NorthShore University Health System, Cook County Health & Hospitals System, Mount Sinai Hospital, OSF HealthCare, Southern Illinois University HealthCare, Memorial Health System, Sarah Bush Lincoln Health System, Blessing Health System) and federally qualified health centers (Mile Square Health Center, Alliance of Chicago Community Health Services



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# IPMC Recruitment Goals

## Target Population

- Patients from medical centers at the partner institutions and collaborating hospitals

## Year 1 Enrollment

- At least 10,000 individuals ages 1 and older ( $\geq 3,334$  per academic institution)
- Approximately 40% non-Hispanic white, 30% non-Hispanic black, 20% Hispanic/Latino, 5% Asian, and 5% other race participants; women to comprise about 50% of each group
- 10% will be children (ages  $< 18$  years)

## Years 2-5 Enrollment

- At least 35,000 participants per year, yielding a total participant sample of at least 150,000 participants from the IPMC
- Additional HPOs that could participate as partner sites if needed

## Participant enrollment activities will adhere to the PMI<sup>®</sup> Core Values:

- Participation is open to all
- Participants reflect America's rich diversity
- Participants are partners
- Participants have full access to their information
- Data is broadly accessible for research purposes
- The program will be private and secure
- The program is a catalyst for positive change



# Risk Factors for Coronary Heart Disease

## Factors of Risk in the Development of Coronary Heart Disease— Six-Year Follow-up Experience

### The Framingham Study

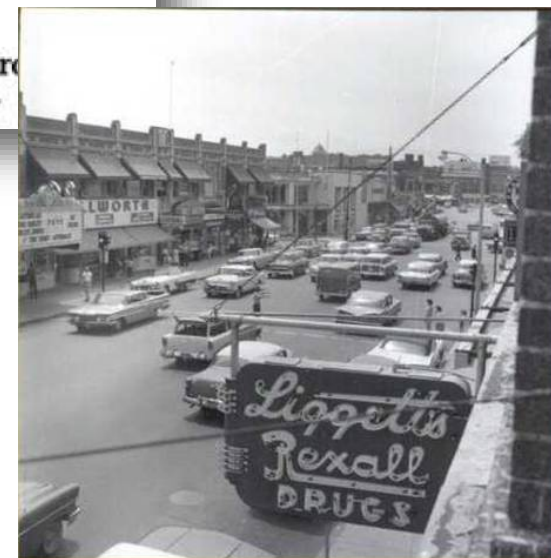
WILLIAM B. KANNEL, M.D., THOMAS R. DAWBER, M.D., F.A.C.P.,  
ABRAHAM KAGAN, M.D., F.A.C.P., NICHOLAS REVOTSKIE, M.D.,  
AND JOSEPH STOKES, III, M.D.  
*Framingham, Massachusetts*



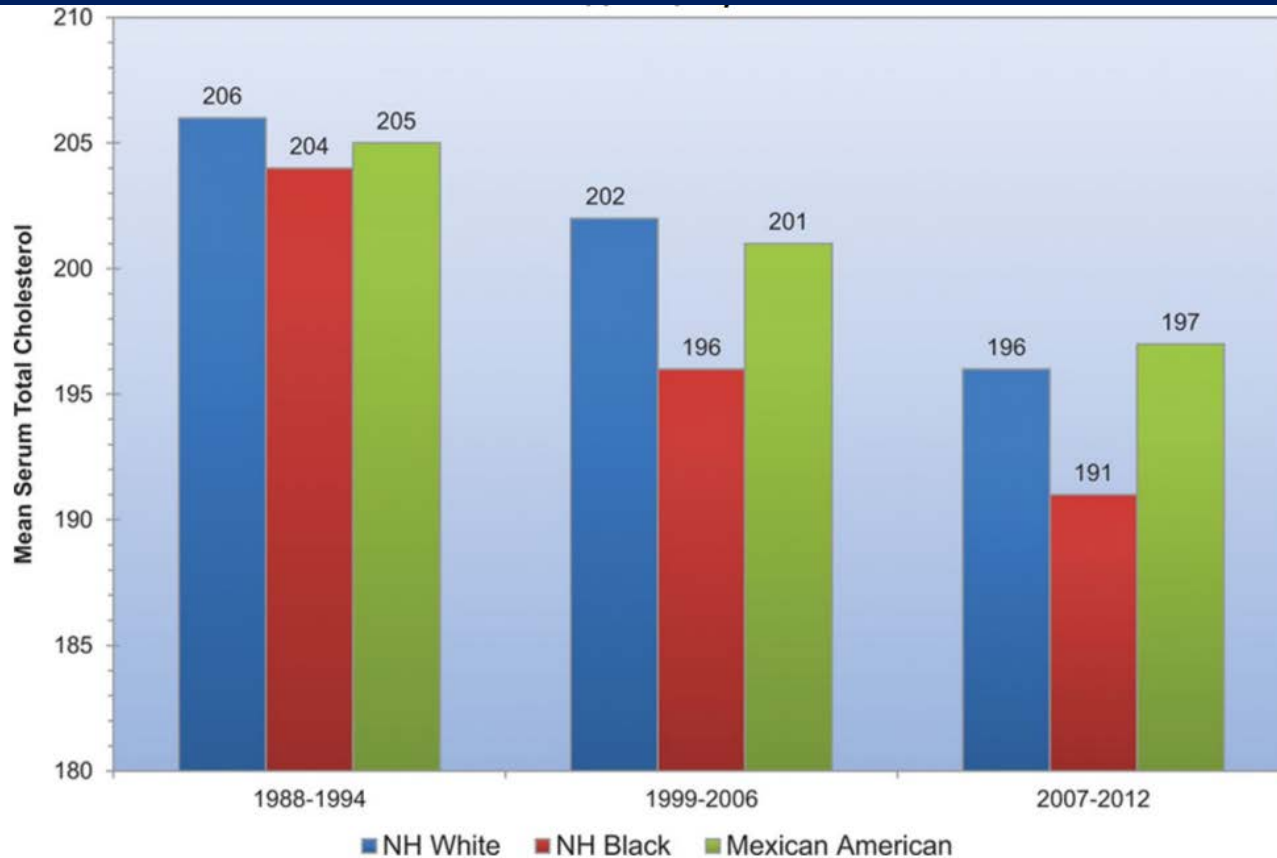
**I**NCREASINGLY RELIABLE ESTIMATES of the prevalence and incidence of coronary

atherosclerosis is present for many

Kannel, et al. *Annals Internal Med* 1961;55:33-50



# Age-Adjusted Trends in Mean Serum Total Cholesterol among Adults Ages $\geq 20$ by Race/Ethnicity and NHANES Survey Year



Dariusz Mozaffarian et al. *Circulation*. 2016;133:e38-e360

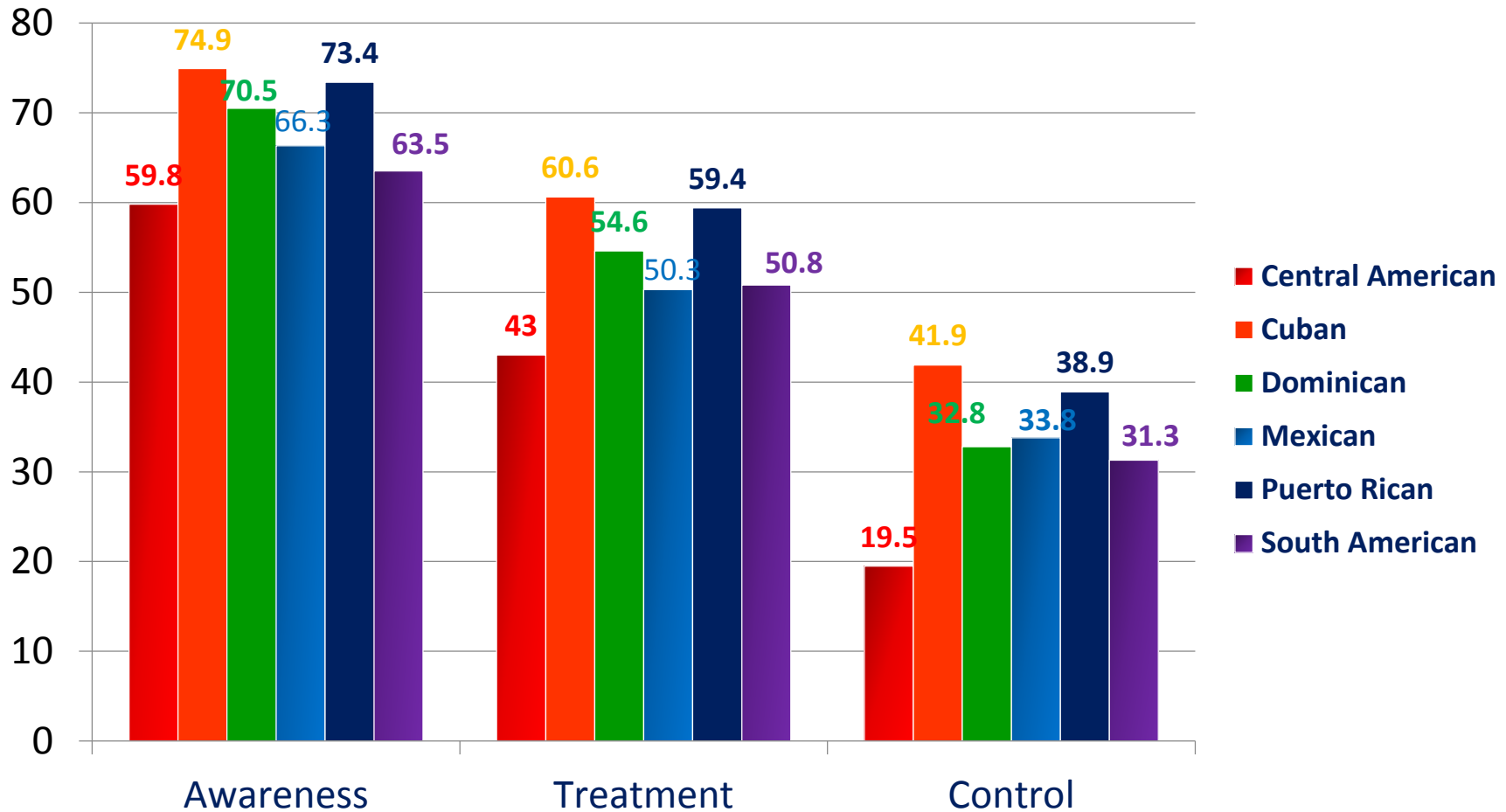


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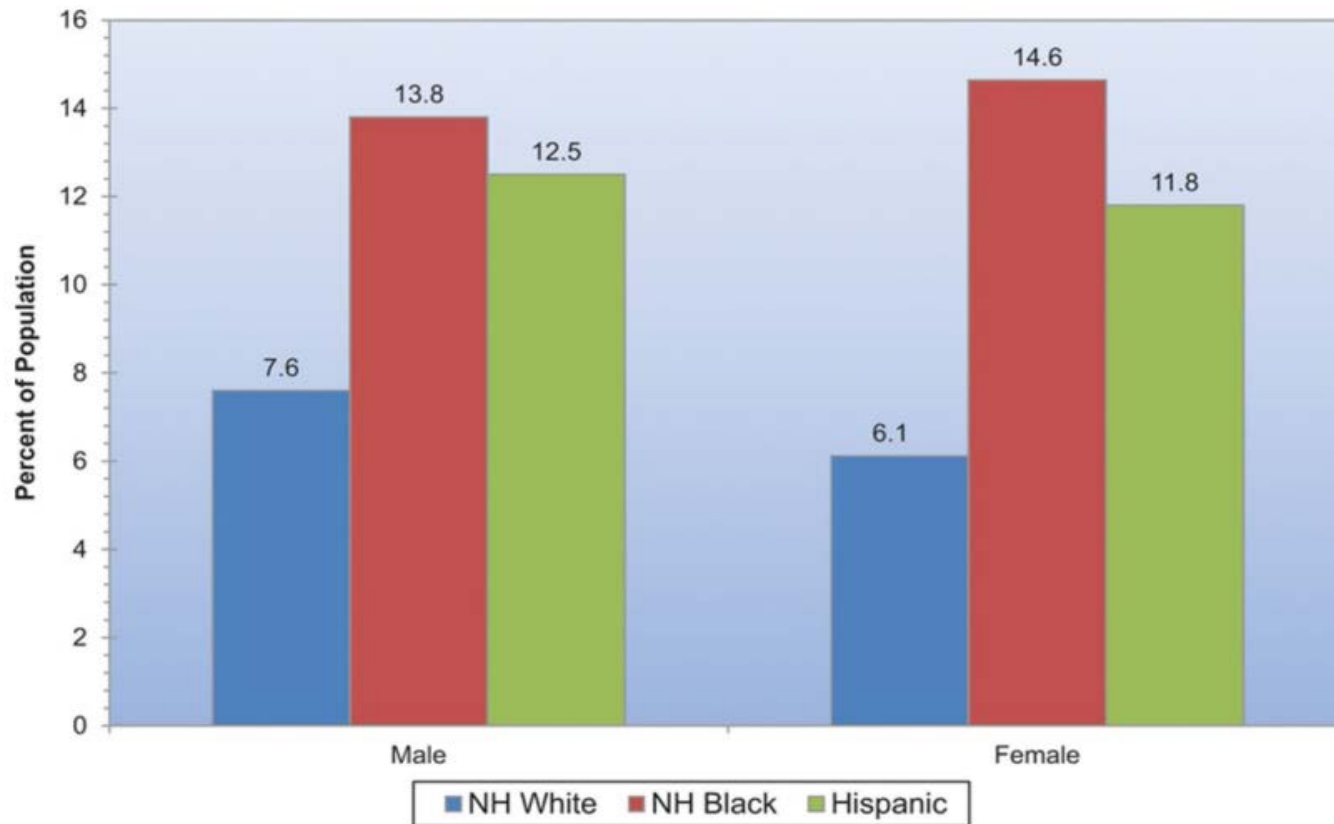
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# Awareness, Treatment, and Control of High Blood Pressure by Hispanic/Latino Background (HCHS/SOL)





# Age-Adjusted Prevalence of Physician-Diagnosed Diabetes Mellitus in Adults Ages $\geq 20$ Years by Race/Ethnicity and Sex (NHANES: 2009–2012)



Dariusz Mozaffarian et al. *Circulation*. 2016;133:e38-e360



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# Age-Adjusted Prevalence of Low Risk Profile by Hispanic/Latino Background in Men (A) and Women (B) -- Findings from HCHS/SOL

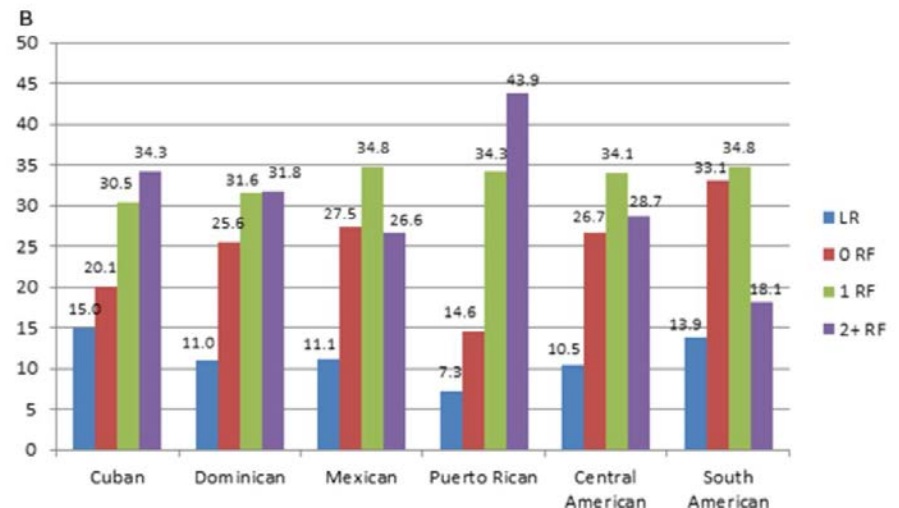
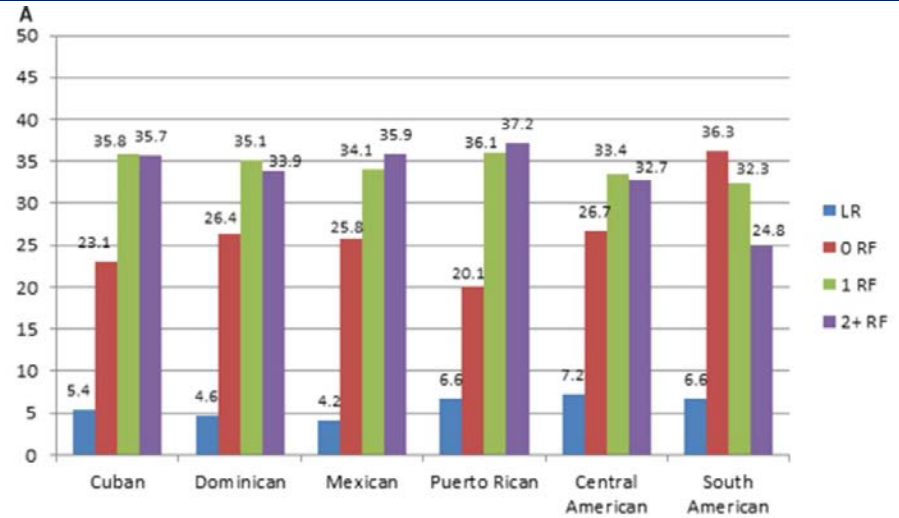


Low Risk (LR) status was defined as having all of the following: total cholesterol <200 mg/dL and not taking cholesterol-lowering medication; systolic BP <120 mm Hg, diastolic BP <80 mm Hg, and not taking BP medication; BMI <25; not currently smoking; and fasting glucose <100 mg/dL, HbA1c <5.7%, not taking medication for DM, and no history of DM.

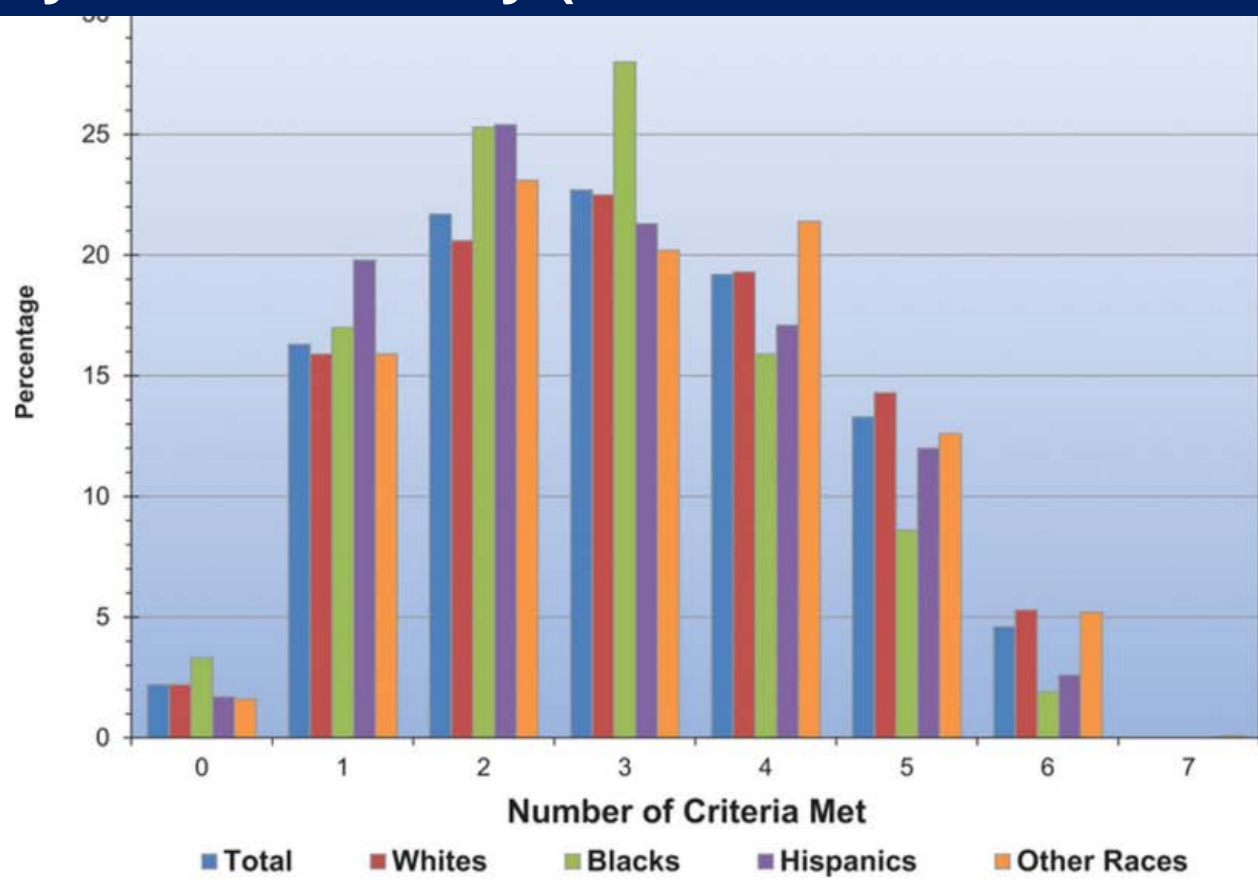
Participants not at LR were classified as having no adverse but  $\geq 1$  unfavorable or borderline risk factor, any single adverse risk factor, or  $\geq 2$  adverse risk factors.

All values were weighted for survey design and nonresponse.

Daviglus ML et al. J Am Heart Assoc 2016;5:e003929



# Age-Standardized Prevalence of Number of Ideal Cardiovascular Health Criteria, US Adults Ages $\geq 20$ Years -- Overall and by Race/Ethnicity (NHANES: 2011 to 2012)



Dariusz Mozaffarian et al. *Circulation*. 2016;133:e38-e360

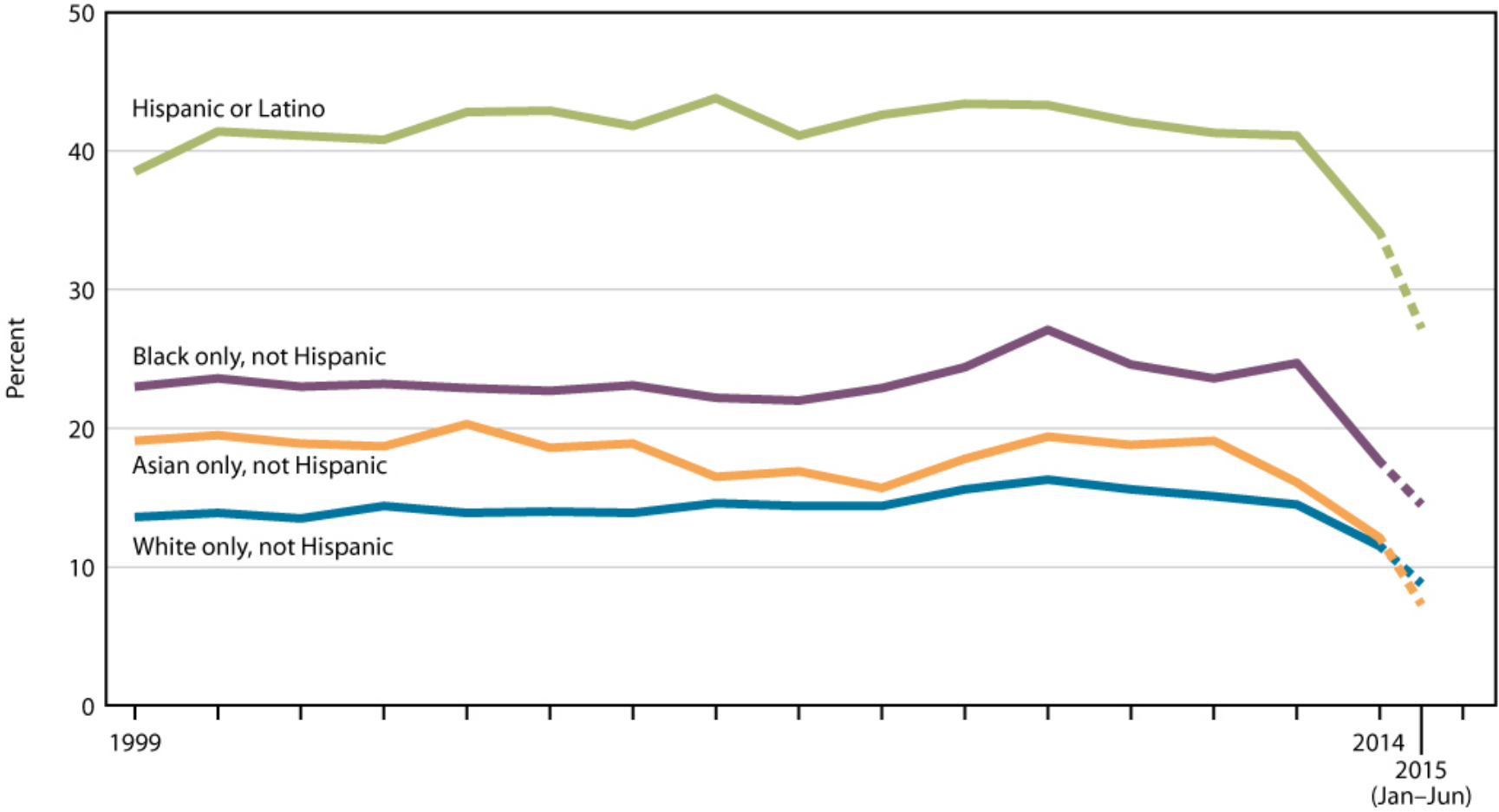


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# Percent of Adults Aged 18–64 who are Uninsured



NOTE: Preliminary estimates for the first 6 months of 2015 are shown with a dashed line.  
 SOURCE: CDC/NCHS, *Health, United States, 2015*, Figure 26. Data from the National Health Interview Survey (NHIS).

# Focus on Minority Health

**“... We need to learn much more about what causes disparities — including the role of society, the environment, genes and socioeconomics — and to find effective ways of overcoming or changing them. Our discoveries should translate into health benefits for everyone.”**

-- Francis S. Collins, MD, PhD, NIH Director (Current)  
*[commenting on the transition of the National Center on Minority Health and Health Disparities (NCMHD) to the National Institute on Minority Health and Health Disparities (NIMHD)]*

